



valley DENTAL health

Root Canal Therapy Post-Op Instructions

Follow all home care instructions exactly as provided by your dentist. Your follow up hygiene appointments are important to the success of your treatment. Please keep all scheduled appointments so that we can monitor the health of your teeth and gums.

You can expect some sensitivity following root canal therapy. The severity of your sensitivity will depend on the location of the tooth and whether and the extent of infection (if present).

If an infection was present, the dentist will prescribe a medication. Please take all medication completely even if your symptoms subside. You should notice a gradual improvement in symptoms. If you start to feel worse or pain increases, please contact our office immediately.

If the root canal was performed preventatively (no infection) you may still experience some minor sensitivity which may last up to 10 days.

The dentist may have placed a permanent or temporary filling over the tooth. If it is temporary, avoid chewing on the tooth as much as possible until the permanent filling is in place. If the filling is permanent, take caution for a few days to allow inflammation to subside.

Continue to brush and floss normally.

If you experience any symptoms that seem unusual or if you notice a difference in the way your bite "fits", contact us as adjustments may be needed.

**If you have any questions or concerns - big or small, contact our office:
410.666.1178**

For more information, please visit our website www.valleydentalhealth.com