



valley DENTAL health

Temporary Crowns Post-Op Instructions

Your temporary crown will be in place for 3 - 4 weeks while the permanent crown is being customized for your tooth. The purpose of the temporary crown is to protect the tooth and hold its position so that when the permanent crown returns from our dental lab, it will fit securely and comfortably.

Your temporary crown is fragile and will not be as strong as the permanent crown. It is not intended to last more than 4 weeks. Please keep your appointment to have the permanent crown placed, this visit will take approximately 45 minutes to complete.

If the temporary crown becomes broken, contact our office to schedule an appointment for a replacement.

If the temporary crown becomes dislodged, you may run the crown under hot water for a few seconds to soften the cement and then push it back on. If the cement does not secure, contact our office to schedule an appointment.

Please continue to brush and floss daily, taking caution so as not to dislodge the temporary crown. Brush around the temporary crown gently in a circular motion. Do not use an up and down flossing technique. Instead, pull the floss down through the contact and then straight out the side. You may also rinse mouth gently with a solution of 1/2 teaspoon salt dissolved in a large glass of warm water.

A balanced bite is important to the success of the restoration and overall health of the mouth. Please inform us if you feel like you have a "high" bite on your temporary crown.

**If you have any questions or concerns - big or small, contact our office:
410.666.1178**

For more information, please visit our website www.valleydentalhealth.com